

Person specification – Self-Care Health Champion

Area	Description
Experience	Recent experience of dealing with people that have a range of health issues, barriers and complex life styles.
	A sound understanding of health and wellbeing and the impact of alternative services to residents and work with VCS partners.
	A good understanding local voluntary and statutory support services.
Educational	Educated to NVQ Level three or above and evidence of a commitment to continuing learning and professional development.
Knowledge	A good understanding and awareness of the impact of disadvantage and social exclusion and a commitment to promoting inclusion, health and equality of opportunity for all.
	Able to use the full range of Microsoft Office to a good level.
Skills and Abilities	Be reliable and punctual, with the willingness to work evenings and weekends as required.
	Able to accurately record information relating to outcomes met by programme.
	Ability to be flexible, adaptable and a good team player.
	Ability to work independently and with a multi-professional team.
	Able to plan and deliver bespoke schemes of work which maintain the interest of young people and adults.
	Ability to deal sensitively with client's health needs and maintain confidentiality.